

**FACULTY OF EDUCATION
DEPARTMENT OF HUMAN KINETICS, SPORTS AND HEALTH EDUCATION**

ADMISSION REQUIREMENT

DIPLOMA IN PHYSICAL AND HEALTH EDUCATION (2 YEARS)

Candidates who possess any of the following qualifications are eligible to apply for admission into the 2 years

Diploma in Physical and Health Education Programme:

1. Senior Secondary School Certificate with at least Three (3) Credits
2. Grade II Teacher Certificate with at least three (3) Merit Passes, one of which must be Physical and Health Education
3. General Certificate of Education (GCE) with at least Three (3) Credits at O' Level
4. Mature Candidate not less than 35 years of age who are also International/National Athlete with Medals/Certificated can benefit from the programme with at least two (2) Credits in GCE

CURRICULUM

DIPLOMA I

| COURSE CODE | COURSE TITLE | UNITS | STATUS | SEMESTER |
|--------------------|---|--------------|---------------|-----------------|
| DPE 001 | Fundamental Skills & Techniques in Sports & Games | 2 | C | First |
| DPE 003 | Curriculum Development in PHE | 2 | C | First |
| DPE 005 | Food and Nutrition in Schools | 2 | E | First |
| PHD 007 | Principle and Practice of PE | 2 | E | First |
| DPE 009 | Infant Methods | 2 | C | First |
| DPE 011 | Elementary Anatomy and Physiology I | 2 | C | First |
| DPE 013 | Foundations of PE and Sports in Schools | 2 | E | First |
| DPE 002 | Fundamental Skills in Selected Sports & Games | 2 | C | Second |
| DPE 004 | First Aid in Schools | 2 | E | Second |
| DPE 008 | Child Development And Learning In Physical Education And Sports | 2 | E | Second |
| DPE 010 | Introduction To Kinesiology | 3 | E | Second |
| DPE 012 | Healthful Sports Living | 2 | E | Second |

DIPLOMA II

| COURSE CODE | COURSE TITLE | UNIT S | STATUS | SEMESTER |
|-------------|---|--------|--------|----------|
| DPE 021 | Fundamental Skills & Techniques in Sports & Games | 2 | C | First |
| DPE 023 | Community Health | 2 | C | First |
| DPE 025 | Psychology of Coaching | 2 | C | First |
| DPE 027 | Community recreation and Outdoor Pursuit | 2 | E | First |
| DPE 029 | Elementary Anatomy and Physiology II | 2 | C | First |
| DPE 031 | Administration of Games & Sports in Schools | 2 | E | First |
| DPE 033 | Communicable Diseases | 2 | E | First |
| DPE 039 | Teaching Practice | 2 | C | First |
| DPE 022 | Basic Skill and Techniques in Sports & Games | 2 | C | Second |
| DPE 024 | Administration of PE and Sports in Schools | 2 | E | Second |
| DPE 026 | Adapted Physical Education | 2 | E | Second |
| DPE 028 | School Health Programme | 2 | E | Second |
| DPE 030 | Techniques of Officiating in Sports & Games | 2 | E | Second |



BIOGRAPHY

Dr Williams Johnson

Studied Physical and Health Education with specialization in Exercise Physiology. He holds a Ph.D in Exercise Physiology (2017), M.Ed. In Exercise Physiology (2002), B.Sc (Ed) in Physical and Health Education (1996/97 session) from Lagos State University respectively. He also holds Diploma in Physical and Health Education from Obafemi Awolowo University (1994).

A resource person, researcher and have published more than twenty five papers in both National and International Journals. He happily married with a lovely wife and children.